

**“Health Education through Mass Media;
Health Education and Health News Broadcasted on May Yu FM Radio”**

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As an effort to increase awareness and promote health literacy status of people from all communities of Rakhine State, health education and health news reports are regularly broadcasted in Rakhine and Bengali language on May Yu FM radio as parts of its program. These health education programs advocate healthy life style to the people so that they can practice these messages into healthy personal actions.

In 2018, the following topics of health education programs were broadcasted on May Yu FM.

Health education programs broadcasted on May Yu FM in 2018	
Sr.	Topics
1.	Tobacco
2.	Alcohol
3.	Tuberculosis
4.	Protect oneself against Tuberculosis
5.	Japanese Encephalitis
6.	Asthma
7.	Chronic Obstructive Pulmonary Disease
8.	Diarrhoea
9.	Health promotion (Health Benefits of Exercise)
10.	Health Promotion (Health Benefits of Walking)
11.	Seasonal Flu
12.	Hypertension and Stroke
13.	Hand Washing Practices
14.	Food Poisoning
15.	Maternal and Reproductive Health
16.	Newborn and Child Care
17.	Snake Bite
18.	Drug Abuse
19.	Anti-microbial Resistance
20.	Common diseases in Winter Season