

Myanmar Medical Conference

Comparison of Two Dialytic Modalities in Snakebite induced Acute Kidney Injury

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INTRODUCTION

Introduction

- Snake bite
- common

 frequently devastating environmental and occupational disease

• Myanmar ---- snake bite = one of the priority health problems

• Acute kidney injury (AKI)- major contributor to morbidity & mortality associated with Russell's viper bite.

- Hemodialysis (HD) and peritoneal dialysis (PD) mainstay
- inadequacy of PD
- intermittency of HD complicated by hemodynamic instability.

Continuous renal replacement therapy (CRRT)

 viable modality for Mx of hemodynamically unstable patients with AKI.

• limited by high cost and problems with anticoagulation.

Hybrid methods - sustained low efficiency dialysis (SLED)

- combining the advantages of both modalities i.e., excellent hemodynamic stability and low costs
- use the conventional HD machines
- blood pump speeds and dialysate flow rates intermediate between HD and CRRT.
- Treatment duration and frequency > HD
- Hemodynamic tolerance & small solute clearance good

 No consensus - optimal modality for AKI due to Russell's viper bite worldwide.

• Myanmar

• Hemodialysis / Peritoneal dialysis = dialytic support

 randomized trial comparing acute peritoneal dialysis with sustained low efficiency dialysis in AKI patients due to Russell's viper bite.

HYPOTHESIS

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 Sustained low-efficiency dialysis has better outcomes than peritoneal dialysis in acute kidney injury patients due to Russell's viper bite in terms of renal recovery and patient survival.

AIM & OBJECTIVES

Aim

To compare the therapeutic effectiveness of sustained lowefficiency dialysis and peritoneal dialysis in oliguric acute kidney injury patients due to Russell's viper bite

Objectives

- 1. To compare the rate of mortality and case failure between SLED and PD groups
- 2. To compare the rate of renal recovery between the two groups
- 3. To compare the time to complete renal recovery of acute kidney injury in both groups
- 4. To describe the **complications** in both groups

MATERIALS AND METHODS

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Study design

Randomized Controlled Study

Study area, period and population

- Study area Department of Nephrology, Yangon Specialty Hospital
- Study period From January, 2014 to December, 2015
- Study population Acute kidney injury patients due to Russell's viper bite requiring renal replacement therapy

30 patients in each group

<u>Patients</u>

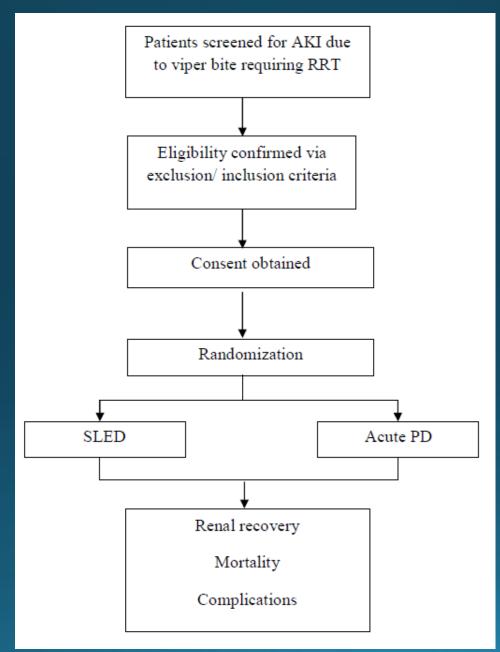
Inclusion Criteria

 Russell's viper bite patients with oliguric acute kidney injury requiring renal replacement therapy

Exclusion Criteria

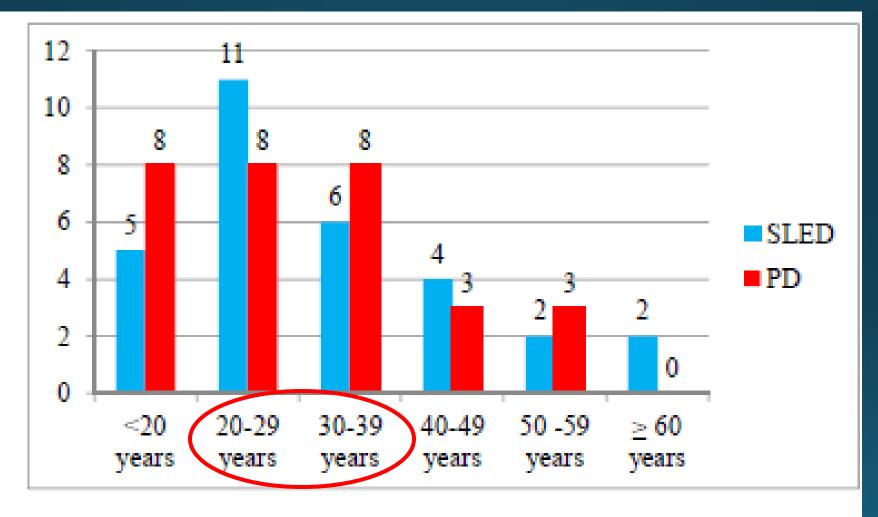
- pregnant patients
- patient with known documented renal disease
- patient with ultrasonographic evidence of polycystic kidney or hydronephrosis or small contracted kidney or cirrhosis of liver
- patient who was contraindicated to SLED or PD.

Algorithm of the study



RESULTS

Figure (1) Age distribution of study groups



p = 0.305

Figure (2) Gender distribution of study groups

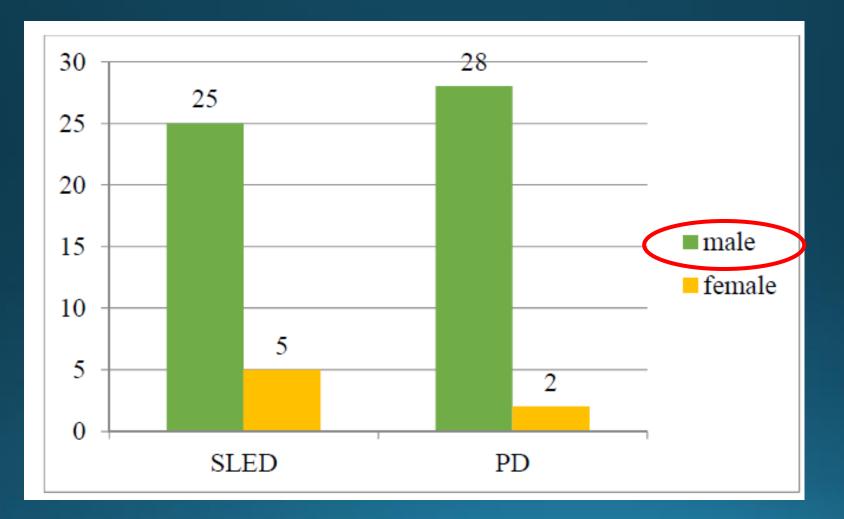


Figure (3) Occupation distribution of study groups

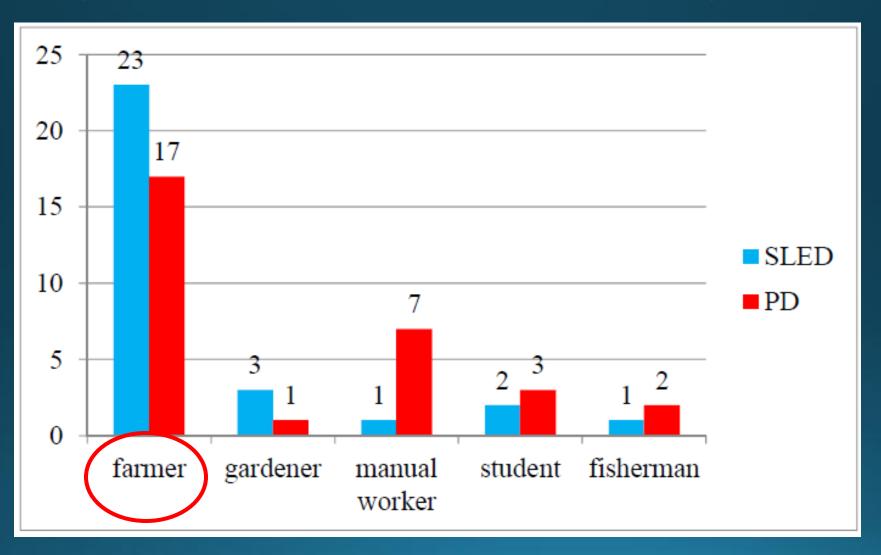


Figure (4) Residence distribution of study groups

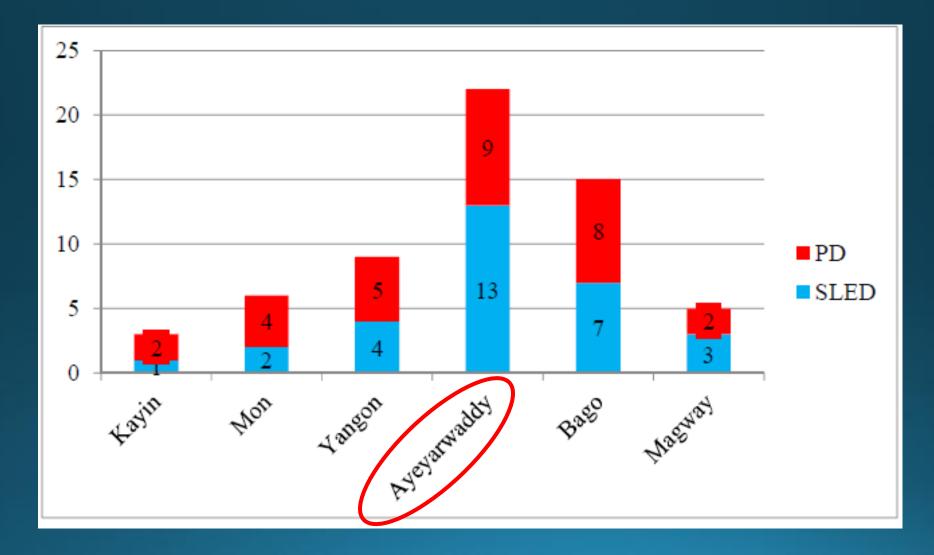


Table (1) Comparison of Mortality between SLED and PD groups

	SLED		PD		Total	
	Ν	%	Ν	%	Ν	%
Alive	29	96.67%	23	76.67%	52	86.67%
Expired	0	0.00%	3	10%	3	5%
Signed and Gone	1	3.33%	4	13.33%	5	8.33%
Total	30	100.00%	30	100%	60	100%

Table (2) Comparison of Case Failure between SLED and PD groups

	SLED		PD		Total	
	Ν	%	Ν	%	Ν	%
Alive	29	96.67%	23	76.67%	52	86.67%
Case failure (Expired+Signed and gone)	1	3.33%	7	23.33%	8	13.33%
Total	30	100%	30	100%	60	100%
$x^2 = 5.192$		p=0.023		· ·		

Table (3) Renal recovery in SLED and PD groups

	SLED		PD		
	N	%	N	%	
Complete renal	19	63.33%	22	73.33%	
recovery	17	05.5570	22	13.3370	
Partial renal	10	33.33%	2	6.67%	
recovery	10	55.5570	2	0.0770	
Non recovery of	1	3.33%	6	20.00%	
renal function					

Table (4) Comparison of renal recovery and non-recovery of renal function between SLED and PD groups

	SL	ED	PD		
	N	%	N	%	
Renal recovery (complete + partial)	29	96.67%	24	80%	
Non- recovery	1	3.33%	6	20%	
$x^2 = 4.043$	p=0.04	44			

Table (5) Comparison of complete and non-complete renal recovery between SLED and PD groups

	SLED		PD	
	Ν	%	Ν	%
Complete renal	19	63.33%	22	73.33%
recovery	17	05.5570	22	13.3370
Non-complete				
renal recovery	11	36.67%	8	26.67%
(partial + non-	11	30.0770	0	20.0770
recovery)				
$x^2 = 0.69$	3 <i>p</i> =0.40	05	•	

Table (6) Time to complete renal recovery in SLED and PD groups

	N	Mean (days)	SD	Minimum(days)	Median(days)	Maximum(days)	р
SLED	19	17.79	5.19	10	18	26	0.165
PD	21	19.81	3.97	10	20.5	26	0.105

Table (7) Complications observed in SLED

Complications	Number	%
Hypoalbuminemia	2	6.67%
Catheter infection	1	3.33%
Artery puncture	-	-
Hypotension	1	3.33%
Hemothorax/ Pneumothorax	-	-
Arrhythmia	-	-
Air Embolism	-	-
Total	4	13.33%

Table (8) Complications observed in PD

Complications	Number	%
Peritonitis	7	23.33%
Hyperglycemia	3	10.00%
Hypoalbuminemia	14	46.67%
PD tube blockage	1	3.33%
Exit site leakage	1	3.33%
Total	26	86.67%

DISCUSSION

DISCUSSION

Russell's viper bite = common health problem in Myanmar
~ 70% of AKI due to Russell's viper bite – RRT

- Developed countries -- CRRT or HD = mainstays
- Developing countries -- HD or PD = dialytic support
- SLED = hybrid HD
- Hospital based interventional trial
- 60 patients

- Young active age group
- Majority farmers (occupational hazard in rural tropics)
- Male preponderance (breadwinners of the family)

- Overall mortality rate = 5%
- Case failure rate (expired + signed & gone) = 13.33%

Mohapatra et al. (2011)	Snake bite in one survey from India	hospital mortality = 23%
Trang and others (1992)	64 patients with malaria ARF treated with PD	mortality rate = 19%.
Naqvi et al. (2003)	Pakistan ARF patients due to malaria who underwent hemodialysis	mortality rate = 25.8%
Anochie and Eke (2006)	Pediatric acute peritoneal dialysis in southern Nigeria	mortality rate = 22.2%
Cheng et al. (2014)	Sustained low-efficiency dialysis treatment in 15 patients of severe snakebite	mortality rate = 20%

• Overall mortality rate - lower compared to other studies

- This might be due to
 - Snake bite AKI
 - relatively young age
 - no comorbidity of study population.

Mortality rate

- SLED = 0%
- PD = 10%

Case failure (expired + signed & gone)
• SLED = 3.33%
p = 0.023
• PD = 23.33%

Mortality of Two Dialytic Modalities				
Win-Win- Hlaing (2010)	outcome of PD & HD in ARF d/t Russell's viper bite	no significant difference 20.7% in PD 17.4% in HD		
Ponce et al. (2013) Brazil	double-center RCT AKI comparing high volume PD vs extended daily dialysis	63.9% in high volume PD 63.4% in extended daily dialysis		
George et al. (2011)	continuous veno-venous hemodiafiltration vs continuous PD in critically ill	84% in continuous veno- venous hemodiafiltration group 72% in PD group		

Ponce et al. study

- used flexible PD catheter
- exchanges with Dianeal PD solution using HOMECHOICE cycler for 24 hours dialysis 7 days per week.

This study

- rigid PD catheter and local PD solution
- Rigid PD catheter relatively more prone trauma, infection

Mortality of Two Dialytic Modalities				
Gabriel et al. (2008)	continuous PD and daily HD - both effective in treating AKI patients	58% in PD group 53% in daily HD group		
Phu et al. (2002)	infection associated ARF in Vietnam PD vs Hemofiltration	47% in PD group 15% in hemofiltration group p=0.005		

- The case failure difference of our study is comparable to the mortality rate of Vietamese study because both studies used
 - rigid catheter
 - open drainage system
 - manual exchanges

Renal recover	y vs non-recovery = statistic	cally significant		
difference (p=0.044) [technique of PD , small no. of study]				
Complete vs non-complete renal recovery = statistically insignificant difference (p=0.405).				
Ponce et al. (2013)	HVPD = 29.6% (18/61) Extended HD = 26.9% (22/82)	p =0.11		
Gabriel et al. (2008)	HVPD = 83% Daily HD = 77%	NS		

Difference in time to complete renal recovery = s tatistically insignificant (p = 0.165)				
Ponce et al. (2013) Brazil	Extended HD = 11 (5.7-20 days) High vol PD = 9 (5.7-19 days)	p = 0.58		
Win Win Hlaing (2010)	PD = 18.95 ± 7.32 days HD = 27.35 ± 10.44 days	p=0.004		
Gabriel et al. (2008)	High volume PD = 7.2 ± 2.6 days Daily HD = 10.6 ± 4.7 days	high volume PD - significantly shorter time to the recovery of renal function		

Intermittent HD vs PD

Reasons for rapid biochemical recovery in PD group than HD group

- better hemodynamic stability
- smooth removal of fluid
- no rapid fluid shift
- SLED and PD hemodynamic tolerability.

• <u>SLED vs PD</u> = time to complete renal recovery - not different

- Complications manageable.
- Hypoalbuminemia albuminuria and protein loss in peritoneal dialysis.
- One patient in SLED group hypotension during dialysis. (severe DIC with small ICH, Hypopituitarism)
- Other serious complications not seen in this study population.
 This might be due to the small number of patients.

CONCLUSION

CONCLUSION

Acute kidney injury due to Russell's viper bite = common

Substantial morbidity and mortality

 Peritoneal dialysis and intermittent hemodialysis = usual modalities of renal replacement therapy

Sustained low efficiency dialysis vs Peritoneal dialysis

CONCLUSION (cont.)

• Significant difference in *case failure and renal recovery*

• SLED group - better outcome

 Mortality and time to complete renal recovery - not statistically different

Some minor but mostly treatable *complications* noted in both groups

CONCLUSION (cont.)

SLED

- survival advantage
- significantly better clinical outcome
- **SLED one of the dialytic modality of choice** if available resource
- **PD important modality ---** resource-poor setting of developing countries

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Thank You