Clinical Decision Making

Topics

A.Introduction

B.Expert Vs Novice

- 1.Knowledge
- 2. Critical Thinking
- 3.Reflective learning
- 4. Decision making

C.Clinical decision making

- 1. Information gathering
- 2. Hypothesis generation
- 3. Hypothesis testing
- 4. Reflection
- 5. When thinking go wro.

A. Introduction

-In the USA, it has been estimated that 44,000-98,000 patients die each year through medical error, and in the Harvard Medical Practice Study, diagnostic errors accounted for 17% of all adverse events.

-Logical reasoning and good decision-making sk key factors in reducing such errors.

Introduction

The work of the physician is the decision-making process on the ward round.

Thinking, clinical reasoning and g making is core to the work the μ



B.Expert vs Novice

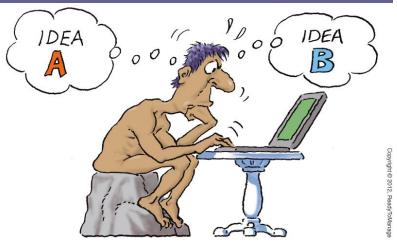
1.Knowledge

- *** Organization of knowledge is more important than content of knowledge [Christenson et al 2002)
- 2. Critical thinking and Clinical reasoning

3.Reflective Learning

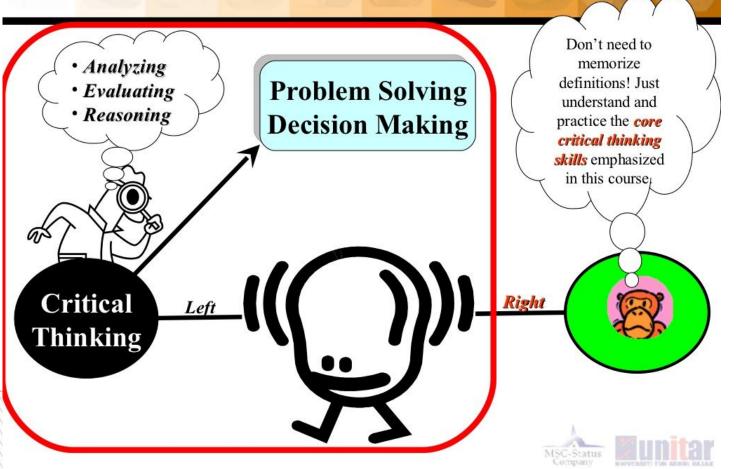
A reflective practitioner can gain 10 years of clinical experience in 1 year. [David Butler]

Critical Thinking



1.Critical Thinking

1.3 What is Critical Thinking? (4)





- အဖြစ်အပျက်တစ်ခု အကြောင်းအရာတစ်ခု ကို ကြည့်ပြီး အတွေးတွေ
 အများကြီးဖြန့့်ကျက်လို့ရပါတယ်
- Analytical thinking, conceptual thinking, critical thinking,
- strategic thinking, lateral thinking
- Critical thinking skills = အကြောင်းအကျိုးကျကျ စဉ်းစားတွေးခေါ် ဆင်ခြင် ယုတ္တိကျကျ စဉ်းစားဝေဖန် သုံးသပ် ညက်နဲ့ ယှဉ်ပြီးတော့ တွေးနည်း

ဗုဒ္ဓက

- သတင်းစကားကို ကြားရုံမျှဖြင့် နားမယောင်နှင့်
- အစဉ်အလာဖြစ်ပေသည် ဟူ၍လည်း လက်မခံနှင့်
- လူပြော သူပြော တဆင့် စကားကိုလည်း မယုံလေနှင့်
- ဘာသာရေးကျမ်းကြီးများကို ကိုးကားပြော၍လည်း မှန်လုပြီ မထင်လေနှင့်
- တက္ကနည်းနှင့် ဆင်ခြင်ကြံဆ ယူရုံမျကိုလည်း နားမယောင်လေနှင့်
- ပုံပန်းအမြင် သက္ကာန်ကြည့်၍လည်း မဆုံးဖြတ်နှင့်
- ရော်ရမ်းမှန်းဆ ယူရသော သဘောထင်မြင်ချက်ကိုလည်း အမှန်ဟု အမှတ်မယူနှင့်
- ဖြစ်နိုင်ကောင်း၏ဟု ထင်မြင်ရရုံဖြင့်လည်း မယုံကြည် လေနှင့်
- အသင်တို့ ကိုးကွယ်ဆည်းကပ်ရာ ဆရာသမားဖြစ်ပေသည် ဟူသော သဘောကြောင့်လည်း မှန်လုပြီဟု တထစ်ချ မမှတ်ကြလေနှင့် လို့မိန့်ကြားခဲ့ပါတယ်။

- ညအခါ
- > wxxxx
- > ကစားမလား
- နားမလား



Nursing Exam [Critical thinking]

Which instruction is most important to a patient who has splenomegaly?

- A.Take frequent rest
- B.Do not lift heavy objects
- C.Eat nutritious meals
- D.Avoid unnecessary stress

Critical thinking Question

(၁) မြေအောက်ရေမြောင်း၏ လူဝင်ပေါက် manhole သံပြားအဖုံးများကို မည်သည့်အကြောင်းကြောင့် အဝိုင်းပုံစံများသာ သုံးသနည်း။

(၂) နယူးယောက်မှ လန်ဒန်သို့ လေယာဉ်ဖြင့် အသွားအပြန်စီးလျှင် အသွားခရီးနှင့် အပြန်ခရီး အကွာအဝေးမိုင် အတူတူ ဖြစ်သော်လည်း ပျံသန်းချိန် တူညီပါသလား။ အကျိုးအကြောင်း ရှင်းပြပါ။

(၃) လူများ လှေကားအတက်အဆင်း လုပ်ရာမှာ တိုကျိူမြို့တွင် လှေကား၏ လက်ဝဲဖက်မှ ကပ်၍၊ အိုဆာကာတွင် လက်ယာဖက်မှ ကပ်ပြီး ဆင်းတက်သည်မှာ အဘယ်ကြောင့်နည်း။

၂၀၁၂ ခုနှစ်၊ ကျန်းမာရေးဦးစီးဌာန၊ လက်ထောက်ဆရာဝန်ရာထူး ရေးဖြေစာမေးပွဲမေးခွန်း

(၁) နိုင်ငံတော်သမ္မတ ဦးသိန်းစိန်၏ ဒုတိယအကြိမ် စီမံကိန်းကော်မရှင် အစည်းအဝေး အဖွင့်အမှာစကားပါ အချက်များကို ဖြေဆိုပါ။

(၂) ဒုတိယသမ္မတ ဒေါက်တာ စိုင်းမောက်ခမ်း၏ ပြည်ထောင်စု ငြိမ်းချမ်းရေးဖော်ဆောင်ရေး လုပ်ငန်းကော်မတီတွင် ပြောကြားသော

အမှာစကားပါ အချက်များကို ဖြေဆိုပါ။

25 Microsoft Ouestions and Answers:

1 :: Microsoft Interview Ouestions List

Mike has \$20 more than Todd. How much does each have given that combined they have \$21 between them.

You can't use fractions in the answer. (Hint: This is a trick question, pay close attention to the condition)

There are four dogs, each at the counter of a large square. Each of the dogs begins chasing the dog clockwise from it. All of the dogs run at the same speed. All continously adjust their direction so that they are always heading straight towards their clockwise neighbor. How long does it take for the dogs to catch each other? Where does this happen? (Hint: Dog's are moving in a symmetrical fashion, not along the edges of the square).

If you had an infinite supply of water and a 5 quart and 3 quart pail, how would you measure exactly 4 quarts? # If you are on a boat and you throw out a suitcase, will the level of water increase?

On an average, how many times would you have to open the Seattle phone book to find a specific name?

There are 3 ants at 3 corners of a triangle, they randomly start moving towards another corner. What is the probability that they don't collide?

If you look at a clock and the time is 3:15, what is the angle between the hour and the minute hands? (The answer to this is not zero!)

- # What new feature would you add to MSWORD if you were hired?
- # Why did you pick the school you graduated from?
- # How many Gas stations are there in the US?
- # How would you weigh a plane without using scales?
- # How would you move Mt. Everest? # Two MIT math graduates bump into each other at Fairway on the upper west side. They hadn't seen each other

The first grad says to the second: "how have you beer Second: "Great! I got married and I have three daugh

Why do you want to work for Microsoft?

First: "Really? how old are they?"

7Day News Journal

19 Apr at 8:30p.m. • 3

လာမယ့် တက္ကသိုလ်ဝင်စာမေးပွဲမှာ အလွတ်ကျက် မေးခွန်းပုံစံအစား စဥ်းစားတွေးခေါ်မှုကို အားပေးတဲ့ မေးခွန်းပုံစံ ပြောင်းမေးမယ်လို့ ပညာရေးဝန်ကြီးက ဆိုပါတယ်။ သတင်းအပြည့်အစုံ.... http://www.7daydaily.com/ story/124656



2.Knowledge စာက်က္ဖဖိုလိုလား ???





3.Reflective Learning

Feelings

What were you thinking & feeling?

Action Plan

What would you do if it happened again?

Conclusions

What alternatives did you have?

Evaluation

What was good and bad about it?

Analysis

How can you make sense of it?

Credit – Dr Kyaw Thu Yaa FB

အားလုံးပူးပေါင်းအဖြေရှာပြီး အကောင်းဘက် သို့အရွေ့ (change အပြောင်းအလဲ) တစ်ခုဆီသို့

ယနေ့ hot topics ဆေးမလုံ လောက်မှု သို့ ပိုလျုံနေမှု ကို Reflective learning လုပ်ကြည့်ခြင်း

- 1. ဖြစ်စဉ် (description)
- 2. ဖြစ်စဉ်အပေါ် ခံစားချက် (feelings)
- 3. အားသာချက်, အားနည်းချက်, အခွင့်အလမ်း,
- အတားအဆီး (SWOT analysis)
- 4. ရှေ့ဘာလုပ်သင့်လဲ (ဆုံးဖြတ်ချက်) (Way forward)

DECISION MAKING



4.Decision Making

DAILY DECISIONS

be a bird or a bat?	explore space or the ocean?	live on Mars or live on the moon?
Would You	Would You	Would You
Rather	Rather	Rather
have many good	go without TV or	be able to breathe
friends or one	junk food the	underwater or fly
very best friend?	rest of your life?	in the air?

Would You

Rather...

Would You

Rather...

When you answer a question, you have to choose one or the other, you can't pick a third optior You can always ask questions to get more information about the scenario to help you make a decision.

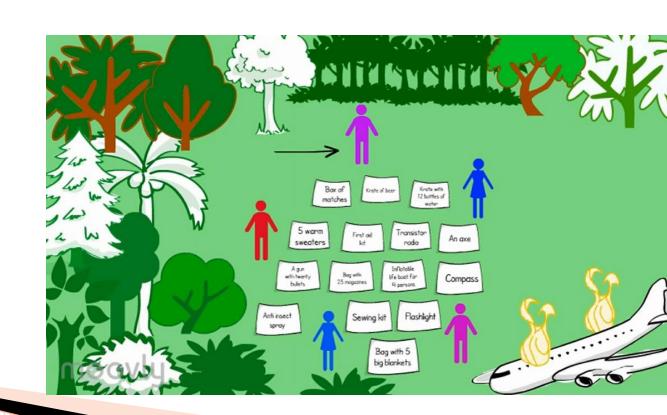
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Rather...

3 Decisions in 7 minutes

- 1.Box of matches
- 2.5 warm sweaters
- 3.Gun with twenty bullets
- 4.Insect spray
- 5. First aid kit
- 6.Bag with 25 magazines
- 7. Sewing Kit
- 8.Bag with 5 big blankets
- 9.Flashlight
- 10.Compass
- 11.An axe
- 12.Transistor radio
- 13.Inflatable life boat
 - for 4 persons
- 14. 12 bottles of water

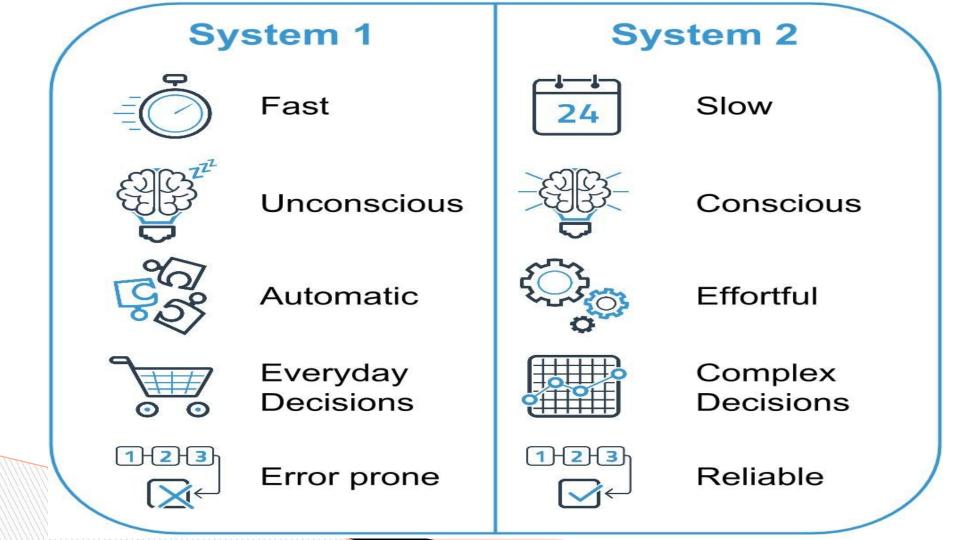
15 E hattlac of hoor



Thinking and Decision making

System 1 --- fast, automatic, emotional, stereotypic, used frequently and operates subconsciously.

 System 2 --- slow, effortful, logical, calculating, used infrequently and requires conscious thought.



Behavioral Frameworks Can Help

Duel Process Theory: Intuition and Reasoning



System 1: Intuition

Controlled largely by instincts and drives, system 1 thinking is:

- Fast
- Emotional (hot)
- Impulsive
- High-capacity

System 2: Reasoning

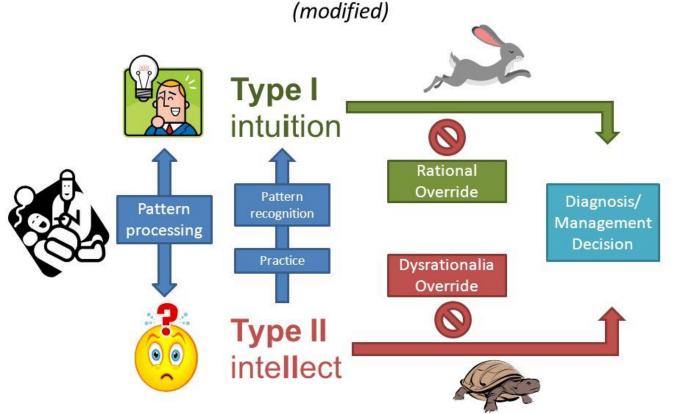
Controlled more by logic, system 1 thinking is:

- Slow
- Reflective (cool)
- Problem Solving
- · Low-capacity



Systems 1 and 2 are not opposed, they often work together and complement each other in the same decision making process.

Croskerry's Dual-Process Model for Diagnostic Thinking



7 STEPS TO EFFECTIVE DECISION MAKING

Decision making is the process of making choices by identifying a decision, gathering information, and assessing alternative resolutions.

Using a step-by-step decision-making process can help you make more deliberate, thoughtful decisions by organizing relevant information and defining alternatives. This approach increases the chances that you will choose the most satisfying alternative possible.



REVIEW YOUR DECISION

TAKE ACTION



WEIGH THE EVIDENCE CHOOSE AMONG ALTERNATIVES



IDENTIFY ALTERNATIVES



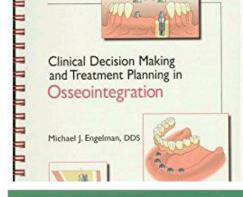
GATHER INFORMATION

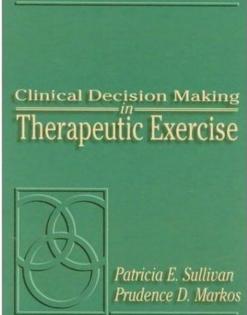
THE DECISION

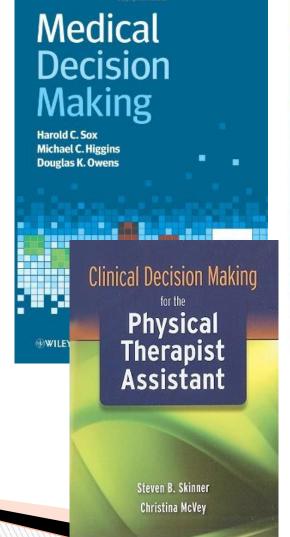
C. Clinical decision Making

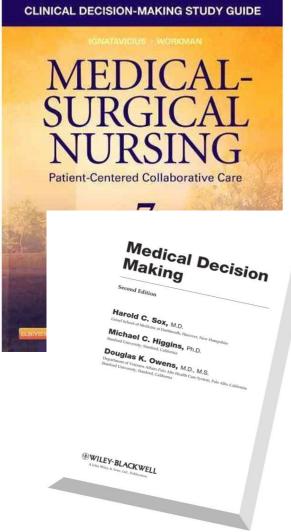
C.Clinical decision making.

- Clinicians must integrate a huge variety of clinical data while facing conflicting pressures to decrease diagnostic uncertainty, risks to patients, and costs.
- Deciding what information to gather, which tests to order, how to interpret and integrate this information to draw diagnostic conclusions, and which treatments to give is known as clinical decision making.









How do we make clinical decisions?

- 1. Information gathering
- 2. Hypothesis generation
- 3. Hypothesis testing
- 4. Reflection.

Often the term

'hypothetico-deductive'

is used to describe this process.

Deduction is reasoning from the general to the particular:

- > All the marbles in the jar are white.
 - > These marbles are from the jar.
 - > Therefore these marbles must be white.

Induction is reasoning from the particular to the general:

- > These marbles have come from the jar.
 - > These marbles are white.
 - > Therefore the marbles in the jar are white.

Deductive Logic

Lead down



Conclusion is guaranteed true

Inductive Logic

Lead into



Conclusion is probably true

Clinical Decision Making 1.Information gathering

-It is a capital mistake to theorise before one has data.

-As with the history, we must pay attention as we examine the

patient.

SEE ???
OBSERVE ???



AS ALWAYS JOHN, YOU SEE BUT YOU DON'T OBSERVE.

- SHERLOCK HOLMES



Clinical Decision Making

2. Hypothesis generation A.Pattern recognition

- Neck stiffness + photophobia + Fever = Meningitis
- Thunderclap onset Headache + Neck stiffness = SAH

B.Rule out worst case scenarios

This approach focuses on risk management but can often leave our diagnostic question unanswered.

C. Casablanca strategy

Casablanca strategy is to 'round up the usual suspects'.

It represents the lazy application of a standard battery of tests for a given symptom and is somewhat akin

Clinical Decision Making 2. Hypothesis generation

- If the pattern is incomplete ???
- if the pattern is unfamiliar???

Structured, quantitative, analytical methodology may be a better approach to decision making.

Analytic methods may include application of the principles of <u>evidence-based medicine</u>, <u>use of clinical guidelines</u>, <u>and use of various specific quantitative techniques</u>.

3. Hypothesis testing and reflection

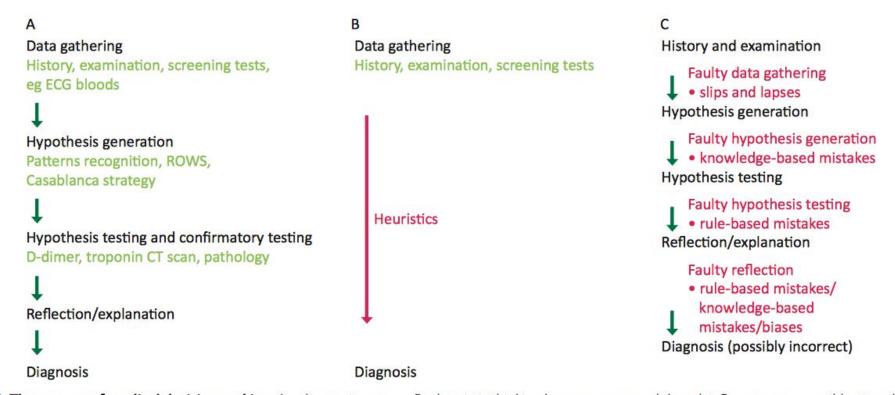
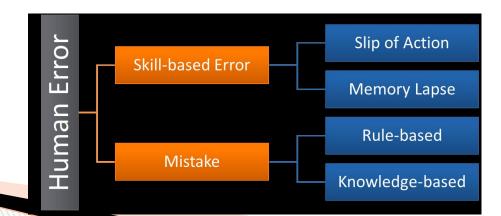


Fig 1. The process of medical decision making. A – diagnosic process; B – heuristic thinking bypasses reasoned thought; C – errors are possible at each stage of the process.

Where thinking goes wrong

- Psychologist James Reason identifies three basic error types:
- 1.Skill-based (slips and lapses)
- 2.Rule-based
- 3.Knowledge-based.



Where thinking goes wrong

1- Skills Based:

Occurs during performance of a well known routine task.

Skill-based error

- Involve routine tasks in familiar situations.
- May cause by inattention or over attention.
- Two categories slips and lapses



- Prevention Minimising interruption
- Checklists, SOP

Where thinking goes wrong

2.Rule-based mistakes include the misapplication of a good rule or the application of a bad rule.

Occam's razor, which states that 'entities must not be multiplied beyond necessity'. LOW, AF, CNS \$ -- Thy

However, one must not ruthlessly discount valid alternatives; to apply another rule, 'patients can have as many diseas damn well please' (Hickam's dictam).

*** Common d/s = seen together in one person [GS , DM , CA]

*** Rare d/s = can't be present in one person



Where thinking goes wrong

3.Knowledge-based mistakes can include lack of appropriate information, but can also arise through a lack of understanding of the principles of logic.

Bias and cognitive disposition to respond

- Errors can arise when we allow biases to distort our thoughts.
- ▶ Eg ---
- Order effects --- In receiving information, we pay more attention at the beginning and end of a story; meaningful detail in the middle can get lost.
- Anchoring --- means that we lock into salient features too early.
 Once a label is attached, it becomes increasingly sticky.
- Confirmation bias --- look for evidence to support our initial diagnosis. This all results in premature closure (accepting a diagnosis before it has been verified) and can miss co-pathology.
- Personal factors --- Overconfidence, time, energy and ego.

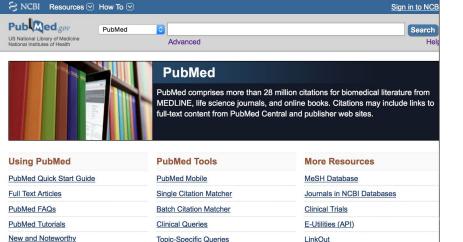
D.Applying Evidence to Clinical Decision

Clinical Decision Making 2. Hypothesis generation

- If the pattern is incomplete ???
- if the pattern is unfamiliar???

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ACP Journal Club - American College of Physicians

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Problem ---

- 61 year old woman is admitted for cellulitis at the site of a recent left mastectomy incision. In addition, she reports a 4 day history of nonproductive cough, SOB, pleuritis chest pain and transient left calf pain. She denies lower extremity redness, warmth and edema. She has no known cardiac or pulmonary disease.
- PMH --- Bilateral breast cancer

Examination

- Erythema and tenderness overlying the left mastectomy scar.
- CVS, Resp Normal.SPO2 = 85%
- In $\forall x$ Hb = 10.8 g/dl. U & E, CAN, EGG = Normal

Making the Diagnosis

- ? Pulmonary Embolism ????
- ► Is negative Doppler USG sufficient to exclude the diagnosis of PE.

I.Framing the Clinical Question

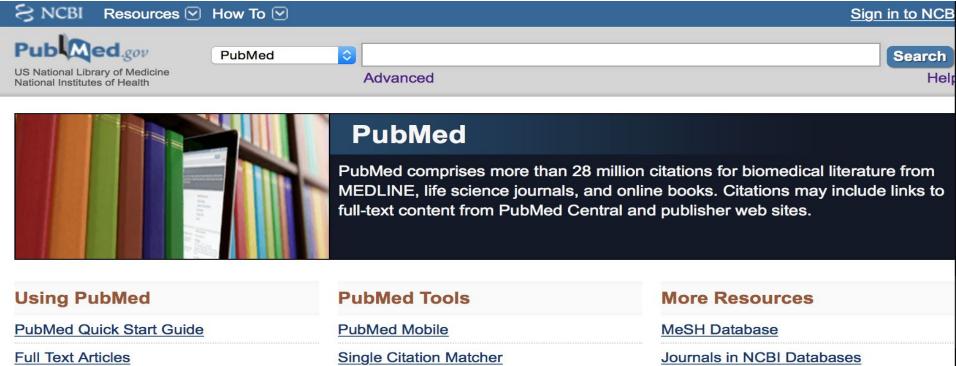
▶ 1st Q – Suspected PE ???

Angiogram

- 2nd Q InVx Duplex compression USG?
- 3rd Q Comparison In Vx Pulmonary

The Application of EBM to practice require

- 1. Ability to define focus clinical question
- 2. Competently and efficiently search the **medical literature**
- 3. Critically appraise relevant articles
- 4. Consideration of **patient**'s value and preference



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PubMed Tutorials

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Topic-Specific Queries

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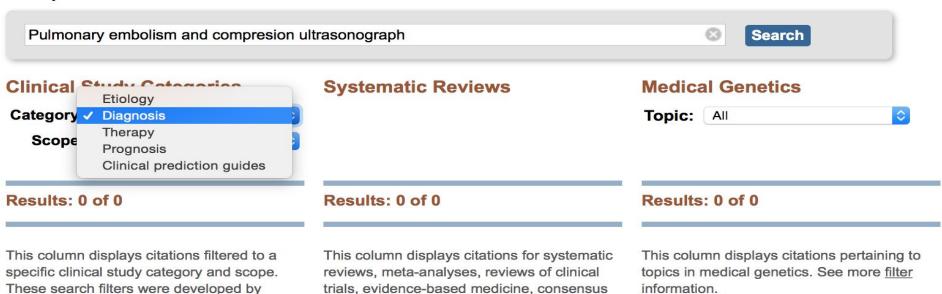
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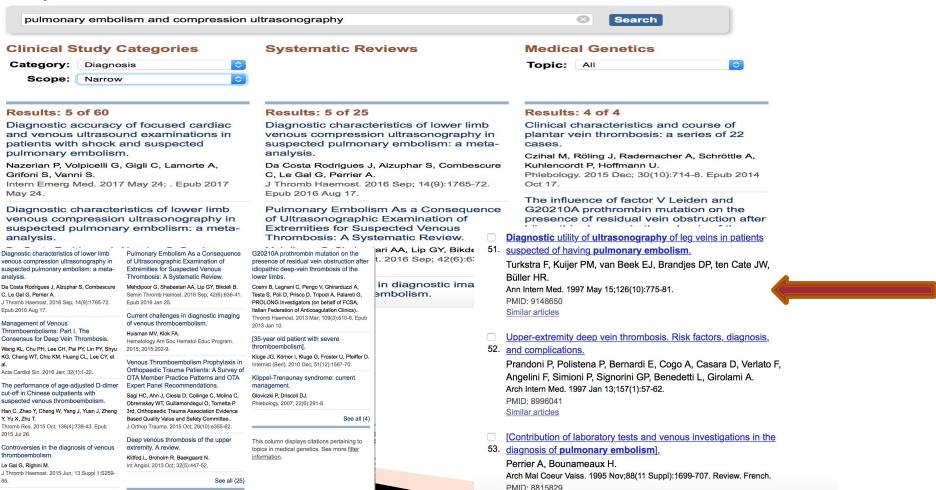


development conferences, and guidelines. See filter information or additional related

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Format: Abstract -

Ann Intern Med. 1997 May 15;126(10):775-81.

Diagnostic utility of ultrasonography of leg veins in patients suspected of having pulmonary embolism.

Turkstra F¹, Kuijer PM, van Beek EJ, Brandjes DP, ten Cate JW, Büller HR.

Author information

Abstract

BACKGROUND: The standard diagnostic approach in patients suspected of having pulmonary embolism starts with perfusion-ventilation lung scanning. If the resulting scan is not diagnostic, pulmonary angiography should be done. The use of tests for deep venous thrombosis has been advocated as an adjunct to establishing the diagnosis of pulmonary embolism, but no prospective studies have provided adequate information about the value of these tests.

OBJECTIVE: To determine the accuracy and potential clinical utility of compression ultrasonography in the diagnosis of pulmonary embolism.

DESIGN: Prospective cohort study with blinded assessment of ultrasonographic results.

SETTING: Teaching hospital.

PATIENTS: 397 consecutive inpatients and outpatients in whom pulmonary embolism was clinically suspected.

MEASUREMENTS: Sensitivity and specificity of compression ultrasonography. Perfusion-ventilation scanning and angiography were the conjoint gold standard for determining the presence or absence of pulmonary embolism. Also calculated were the number of angiograms and lung scans avoided and the number of patients unnecessarily treated when compression ultrasonography was included in the diagnostic strategy.





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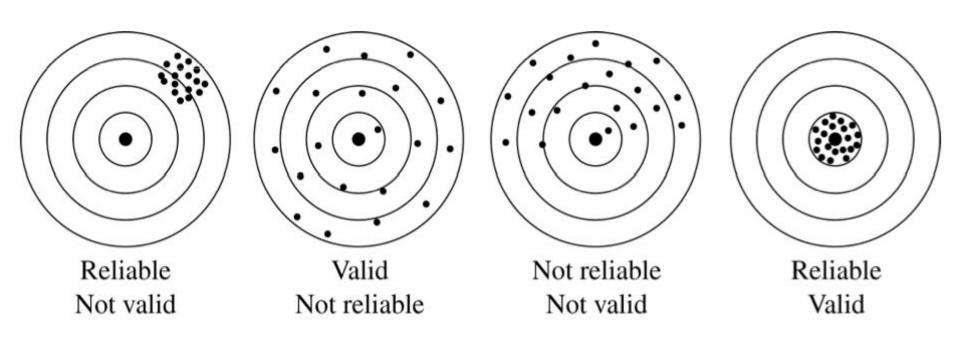
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Review The role of venous ultrasono [Ann Intern Med. 199

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Valid Vs Reliable



Validity and Reliability

- Sensitivity -- [Test positivity in the presence of disease]
- Specificity -- [Test negativity in the absence of disease]
- ► likelihood ratios[LRs] -- the odds that a given diagnostic test result would occur in a patient with a disease Vs a patient without a disease.
- LR = 1 indicates that the posttest probability[suspicion of disease after a diagnostic test] is the same as the pretest probability.
- LR > 1 increases the probability that a disease is present.
- ► LR < 1 decrease the probability of disease.

		DISEASE			
		+			
Г	+	True +	False +		
E		(a)	(b)		
S		False -	True -		
Г	-	(c)	(d)		
32		Sensitivity	Specificity		
		= a / a + c	= d / b + d		
		= TP / TP + FN	= TN / FP + TN		

Table 2. Results of Compression Ultrasonography for Detection of Venous Thrombosis of the Leg in 397 Consecutive Patients Clinically Suspected of Having PE

		Patients with Abnormal Results on Ultrasonography			
Variable	Study Patients (n)	n	% (95% CI)		
PE proven					
All patients	149	43	29 (22–37)		
High-probability lung scan	116	35	30 (21–38)		
Nondiagnostic lung scan					
and abnormal angiogram	33	8	24 (11-42)		
PE excluded*	178	5	3 (0.9-6.4)		
PE uncertain [†]	30	4	13 (4–33)		

CI = confidence interval; PE = pulmonary embolism. (Adapted with permission from Turkstra F, Kuijer PM, van Beek EJ, Brandjes DP, ten Cate JW, Buller HR. Diagnostic utility of ultrasonography of leg veins in patients suspected of having pulmonary embolism. Ann Intern Med 1997;126:775–81.)

^{*}Patients with normal lung scan or angiogram.

[†]Patients with nondiagnostic lung scan and either no angiography performed or angiogram not interpretable.

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and abnormal angiogram							
PE excluded*	178	5	3 (0.9-6.4)	Present		Absent	Total
PE uncertain [†]	30	4	13 (4-33)			7 KD3CHC	
			Positive	43		5	48
			mpression		а	ь	
		Ultr	rasound		С	d	
			Negative	106		173	279
			Total	149		178	

Clinical Decision support System

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Clinical decision support system

From Wikipedia, the free encyclopedia

A clinical decision support system (CDSS) is a health information technology system that is designed to provide physicians and other health professionals with clinical decision support (CDS), that is, assistance with clinical decision-making tasks. A working definition has been proposed by Robert Hayward of the Centre for Health Evidence: "Clinical decision support

Top Clinical Decision Support System (CDSS) Companies by Ambulatory, Inpatient Settings

A clinical decision support system is vital to mitigating patient harm and optimizing health outcomes and ambulatory and inpatient providers are taking to the technology.



ort System Companies by Setting

Q

Ambulatory CDS

1. First Databank

2. Medispan

Allscripts
 Cerner

5. Elsevier

First Databank

As the number one clinical decision support system provider among physician practices, **First Databank** gives physicians informative messages through alerts within existing applications. Named the highest-rated drug database by KLAS, First Databank is currently in use at thousands of ambulatory care facilities worldwide. The vendor's clinical decision support technology specializes in installations of e-prescribing, EHR, EMAR, and CPOE systems and prioritizes delivering concise, immediate electronic messages to physicians offering up-to-date drug information for active clinical decision support.

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Medispan

Medispan offers clinical decision support at the point of care through time-efficient, real-time online and mobile applications to aid clinicians in ensuring patient safety and improved health outcomes. Medispan embeds drug reference knowledge into existing healthcare systems to support safe medication decisions while also meeting federal regulatory demands and market needs. The clinical decision support company's machine-readable solutions provide detailed medication classification surpassing mandated industry standards to reduce the potential for drug prescription errors.

Allscripts

Allscripts clinical solutions are designed to aid clinicians in streamlining clinic search for patient health records by ensuring efficient EHR transactions across continuum. Allscripts Core Clinical offers clinical decision support tools for vari physician care units including acute, ambulatory, emergency and surgical care. adaptable solutions tailored to fit to any setting, including small practices, Allsc focuses on providing physicians with cost-effective, interoperable clinical decisions.

Cerner

Cerner clinical decision support software uses a nationally-vetted set of evidence-based standards and criteria to give clinicians reliable guidance to ensure patients receive the proper treatment for their specific needs. Cerner offers clinical decision support for a range of healthcare services from advanced imaging and radiology to mobility. Cerner provides clinicians with up-to-date information integrated into existing EHRs and clinical workflows to allow for accurate ordering and prescription leading to optimal patient care.

Elsevier

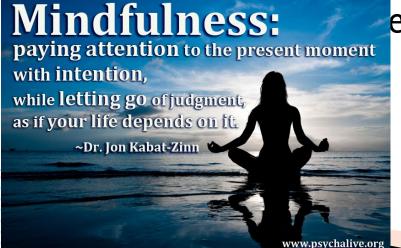
Elsevier, a worldwide publisher of scientific, technical, and medical information products and services, offers a suite of clinical decision support tools to aid clinicians at the point of care. Elsevier's evidence-based medicine and prescription information provides clinicians with answers to any clinical questions, as well as drug decision support, predictive data analysis, and online training. Elsevier equips providers with tools ranging from drug information to learning and competency management to improve patient outcomes for pharmacists, physicians, and nurses.

Truven Health Analytics

Truven Health Analytics offers hospitals evidence-based clinical decision support and patient education through Micromedex resources designed for seamless integration into existing hospital EHR systems through standardized application programming interfaces (APIs). Truven allows healthcare providers access to clinical decision support regarding medication, disease, and lab information from a single source from any hospital or facility. Truven Micromedex clinical decision support solutions are currently in use in over 3,500 hospitals.

Making better decisions

- 1.Focus
- 2.Mindfulness is a concept often associated with relaxation or stress management.
- 3.Must avoid working on autopilot, give our full ndfulness: ent in turn.





Topics

A.Introduction

B.Expert Vs Novice

- 1.Knowledge
- 2. Critical Thinking
- 3.Reflective learning
- 4. Decision making

C.Clinical decision making

- 1. Information gathering
- 2. Hypothesis generation
- 3. Hypothesis testing
- 4. Reflection
- 5. When thinking go wro.

thank you thank

Casablanca - Wikipedia

en.wikipedia.org/wiki/Casablanca v

Casablanca was an important strategic port during World War II and hosted the Casablanca Conference in 1943, in which Churchill and Roosevelt discussed the progress of the war.

Casablanca was the site of a large American air base, which was the staging area for all American aircraft for the European Theater of Operations during World War II.