

**“Health Education through Mass Media;
Health Education and Health News Broadcast on May Yu FM Radio”**

As an effort to increase awareness and promote health literacy status of people from all communities of Rakhine State, health education and health news reports are regularly broadcast in Bengali language on May Yu FM radio as parts of its program. Five topics on health education programs were broadcast in October, five in November and increased to seven in December 2017. These health education programs advocate healthy life style so that the people can translate these messages into healthy personal actions.

In January 2018, fifteen topics of health education programs were broadcast on May Yu FM as shown in the table.

Health education programs broadcast on May Yu FM during January 2018	
Sr.	Topics
1.	Tobacco
2.	Alcohol
3.	Tuberculosis
4.	Protect oneself against Tuberculosis
5.	Japanese Encephalitis
6.	Asthma
7.	Chronic Obstructive Pulmonary Disease
8.	Health promotion (Health Benefits of Exercise)
9.	Hypertension and Stroke
10.	Seasonal Flu
11.	Health Promotion(Health Benefits of Walking)
12.	Prevention Hypertension
13.	Food Poisoning
14.	Maternal Health
15.	Snake Bite